

# Think CO Programme

## Autumn 2023 E-newsletter



### Welcome to the Autumn 2023 Think CO e-newsletter

Below are information and resources that will help you raise carbon monoxide (CO) awareness with the people you support in our communities, as well as with your work or volunteering colleagues.



Autumn and Winter are the highest risk seasons for CO poisoning in the home (when people put the heating on etc), which is why CO Awareness Week is front and centre in this edition of this e-newsletter.

CO Awareness Week happens in the UK at about this time every year. The week has a range of free materials including flyers, factsheets and videos – all targeted at the general public, so they can be used to raise CO awareness directly with your clients. For more details, see below.

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Think CO continues to promote CO awareness throughout the year via our free training and resources – more details about what we offer and how to book onto online workshops and our e-learning course are below.

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**20 - 26 November 2023**

### **Raise awareness of the dangers of carbon monoxide**

Carbon Monoxide Awareness Week is the perfect time to refresh your knowledge and join the campaign to raise CO awareness!

The week has a range of free materials including flyers, factsheets and videos – all targeted at the general public, so they can be used to raise CO awareness directly with your clients.

Starting next week, each day is themed with free resources available for each day:

- Monday 20<sup>th</sup> - Low-level exposure - population burden of CO poisoning
- Tuesday 21<sup>st</sup> - CO poisoning effects & mortality



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- Wednesday 22<sup>nd</sup> - Alarms regulations
- Thursday 23<sup>rd</sup> - Vulnerable groups to CO
- Friday 24<sup>th</sup> - CO as a key indoor air pollutant
- Saturday 25<sup>th</sup> - Mitigations
- Sunday 26<sup>th</sup> - Support available

Follow #CarbonMonoxideAwarenessWeek online for updates.

The resources – guides, posters, videos – are all available to download and use for free – just click on the link below:

<https://www.coalarmssavelives.com>



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### Research into improving CO safety for people living on boats in London

The London Fire Brigade has recently launched a research project with the aim of improving CO safety for people living on boats in London. Partly funded by the CO Research Trust, 1758 visits tailored to houseboat residents will take place.



ITV News followed the LFB team as they undertook a Home Safety Visit with the Taggs Island houseboat community as part of the project. To view the clip, click

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here:

[LFB houseboat research project](#)

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## **Think CO App - Available soon to a device near you!**

Listening to feedback from people who have been on a workshop or done the Think CO e-learning course, one of the requests we have regularly is to transfer the learning to an App.

The aim is for people who have been through at least one of the Think CO training assets to download the App as a reminder of the key CO safety messages, and also to access help and support when out and about supporting people.

We are now at the stage where we have secured money to begin to develop the App. Watch this space!

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## E-learning course developed with the Scouts

Working with the Scouts, we have developed a tailored e-learning course targeted at Scout leaders so they can support the young people they work with to be CO aware. The Scouts will host the course on its learning management platform.



Thanks go to the four Gas Distribution Networks which have funded its development.



**Think CO Resources - all free!**



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### **E-learning and Zoom workshops**

Anyone can register for the Think CO e-learning course by sending your name and email address to [e-learning@gassafecharity.org.uk](mailto:e-learning@gassafecharity.org.uk). The course is accessible all year round.

There's a schedule of one-hour Zoom workshops available through to mid-January 2024 at the moment. To book on click on this link: [Free Think CO workshop](#). More dates for online workshops will be available soon.

### **Face-to-face workshops**

Over the early autumn, we ran a series of face-to-face workshops in partnership with the UK's four main gas distribution networks and Fire and Rescue Services. Our thanks go to colleagues in Northern Ireland (Evolve), Scotland (SGN, Scottish Fire and Rescue Service, Greener Kirkcaldy and SP Energy Networks) and Jersey (Jersey Fire and Rescue Service) for working with us to put on such a successful programme of workshops.

If you would like to discuss arranging a face-to-face workshop in your area, please contact us on [thinkco@gassafecharity.org.uk](mailto:thinkco@gassafecharity.org.uk)

### **Materials**

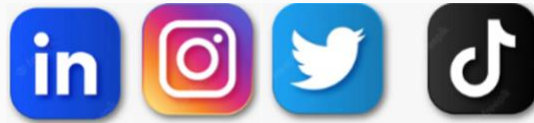
We have a range of guides/leaflets that can be downloaded via this link: [Gas Safe Charity](#)

Contact us on [thinkco@gassafecharity.org.uk](mailto:thinkco@gassafecharity.org.uk) if you have any questions



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Follow us! We are refreshing our social media profile and would appreciate it if you and/or your organisation would link/engage with these social media platforms. Click on the social media link below to follow us:

[Instagram Think Carbonmonoxide](#)

[Tiktok Think Carbonmonoxide](#)

[LinkedIn Think CO](#)

[LinkTree Think CO](#)

[Twitter Think CO Workshop](#)

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**Our mailing address is:**

Gas Safe Charity  
65 Gresham Street  
London  
EC2V 7QN

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