



Welcome to the Easter 2026 Think CO e-newsletter from the Gas Safe Charity.

This e-newsletter has a particular “news” vibe about it.

Hot off the press, we are launching two new guides to information and support for anyone who needs help through the ongoing cost-of-living crisis. The guides cover the UK and have information and contact details of organisations who you can turn to for potential help and support for your clients.

We highlight a couple of recent’ish CO incidents that made the news headlines due to the tragic deaths of a total of 4 people from suspected CO poisoning. We also highlight an episode of BBC’s Call the Midwife in February which had CO front and centre in its storyline.

The “news” theme includes the team which makes Think CO happen. Simon who has worked alongside me since Think CO was an idea rather than a full programme of activity and resources, has decided to retire.

Going forward, plans are in place so that you and your colleagues won’t notice any change in the quality of what the Programme delivers and how.

Throughout 2026, our aim at Think CO will continue to be to raise carbon monoxide (CO) awareness with the people you support in all our communities, as well as with your work or volunteering colleagues.

We wish Simon all the very best. Happy Easter!

Hilary





New Resource and Support Guides from Think CO

We are always developing and adding new resources to our guides and information. This month we have updated a guide and added a new one. Both are free to download.

Support Guide



The Think CO Support Guide is an interactive guide which lists 33 sources of possible help and support, including potential funding, for you to use with your clients.

We often get asked where to go for help with cost-of-living support or places to approach to fund a boiler, and this guide aims to list organisations cross the UK where help is potentially available.



To access, click on the link below and download it.

[Support Services 2026.pdf](#)

Resources and Information Guide

There is also an updated version of the Think CO Resources Guide. This accompanies any workshop that we run online or face-to-face and is soon to be downloadable as a resource on our e-learning course.



The Guide has information on and links to the Gas Safe Register, the Priority Services Register and CO alarms and lots of other CO related information.





You can click on this link to download it:

[Think CO Resources and Useful Information 2026.pdf](#)

Both guides will also be available for download soon from the Gas Safe Charity website or you can email us at thinkco@gassafecharity.org.uk and ask for either or both to be emailed to you.

Watch this space.....

We are working hard with partners to develop more new resources for later this year.

One is a CO awareness leaflet targeted at Gypsy, Roma and Traveller communities.



Plus, after a successful pilot, we are working on a template CO Risk Assessment especially targeted at Local Authorities.

We are also beginning to develop a quiz that will enable you to see how much you know about CO and then access Think CO resources to enable you to fill your knowledge gaps.

More details to follow.....

In the meantime..... Free Think CO Resources

Zoom workshops

For you – we continue to run free, hour-long online Think CO workshops every month with the current schedule taking us through to the end of May 2026. More dates will be added soon.



Join a Meeting

Sign In

Attending a workshop will enable you to know what CO is, its sources signs and symptoms, as well as how to prevent CO poisoning risks. We aim to make them as informative, engaging and as interactive as possible. To book, click [Free Think CO workshop](#)





Think CO Programme

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E-newsletter



For your organisation - we can run free Zoom Think CO workshops just for your organisation. The online workshops can be for your staff / volunteers only or they can include people from partner organisations you work with as well.

Let us know if your organisation would be interested. Contact thinkco@gassafecharity.org.uk for more information.

E-learning course

Anyone can register for the Think CO e-learning course by sending your name and email address to: e-learning@gassafecharity.org.uk

The course is accessible all year round. It's accredited for your learning and development portfolio, and you can download a transcript of the course once you've completed it.



Face to face workshops

We continue to run face-to-face workshops for organisations or teams of people. They can be open to just your staff and volunteers, or they can be opened up to staff/volunteers from partner organisations. They last about 2.5 hours. If you'd like to discuss a workshop with us, please email thinkco@gassafecharity.org.uk

CO and gas awareness leaflets in community languages

With thanks to colleagues at SGN and East Kent Mencap, we have built upon their work and developed 15 leaflets in a range of community languages. The leaflets highlight both CO and gas safety.

You can download any or all of the leaflets from the Gas Safe Charity's website via this link [Think CO Guides](#). Scroll to the bottom of the landing page and click on "Information leaflets"



CO Seasonal Dangers

At Easter, as the weather shows signs of turning a bit warmer and we think about getting out into the great outdoors, remember that CO risks are linked to any carbon-based fuel and that includes those used in campervans, caravans and tents.

Two recent examples brought that home both involving the deaths of young people.





As reported in January by the BBC, the initial cause of death of a couple found dead last summer in a campervan at the cider festival in the New Forest is CO. A full inquest is set for July.

And in March, the BBC reported the deaths of two teenagers from suspected CO poisoning, this time whilst staying in a cabin on a holiday park in East Yorkshire.

Four men have been arrested on suspicion of gross negligence manslaughter in connection to the deaths.

[BBC News March 2026](#)



Best practice is that any property or vehicle where a carbon-based fuel is used for heating and/or cooking, should be fitted with a CO alarm.



Call the Midwife Highlights CO Dangers

Keeping the BBC theme going, some of you may have watched the 8th February 2026 episode of Call the Midwife when 3 people died of CO poisoning from a gas boiler which was faulty.

Initially suspected to be food poisoning, 3 members of the same family died overnight.

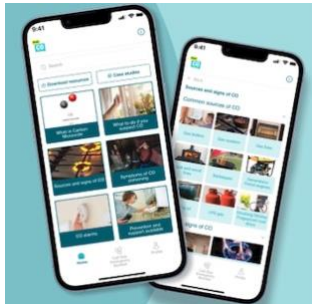
At Think CO we welcome any drama or soap that highlights the risks of CO, especially if it shows the symptoms and how easily CO poisoning can be misdiagnosed.





Think CO App

The free Think CO App is now available for Android phone users. The easy-to-use App is aimed at anyone who has been on any Think CO training and is a useful reminder of the key CO safety messages as well as a quick way to access resources and support on CO for you and your clients.



Co-funded by the Gas Safe Charity and the Gas Distribution Networks, the App is free to download. The Android version can be downloaded here: [Android Think CO App](#) if you are reading this on your Android phone.

We are working to launch the Apple version of the App. Watch this space!

The App covers all the Programme's key CO safety messages (sources, signs and symptoms and how to help prevent CO), plus information on CO alarms and how to find your local Fire and Rescue Service Safe and Well scheme or a Gas Safe registered engineer.

Videos in community languages

A quick reminder that the Programme worked with Leicestershire Fire & Rescue Service and a range of community groups to produce CO awareness videos in Hindi, Bangla, British Sign language and English. The films are subtitled as well.

- Signed/subtitled Think CO film: [Signed Subtitled video](#)
- CO Awareness Film in Hindi and subtitled in English: [Video in Hindi with English subtitles](#)
- CO Awareness film in English with English subtitles: [Video in English with English subtitles](#)
- CO Awareness film in Bangla with English subtitles: [Video in Bangla with English subtitles](#)

