





SEPTEMBER 2025

# COMMUNITY BULLETIN



# FIND OUT WHAT'S HAPPENING IN ROSSENDALE...

- Community Activities and Information
- Health and Wellbeing
- Funding
- Training
- Volunteering

# WELCOME TO YOUR SEPTEMBER COMMUNITY BULLETIN!

We produce a monthly bulletin with our health and community partners to keep you updated on the community support and activities happening across Rossendale. This includes information from our community groups, events, health information, grants and community training opportunities. We hope you will find the bulletin useful.

All published Community Bulletins are available on our website - **Community Bulletins** 

Feel free to share the bulletin with friends, community groups and on your own social media. If you have any information that you would like to share in our next bulletin, or you would like to be added to the e-mail distribution list, email us at <a href="mailto:communitiesteam@rossendalebc.gov.uk">communitiesteam@rossendalebc.gov.uk</a>

## **COMMUNITY INFORMATION**

#### **ROSSENDALE 60s FESTIVAL**

#### WHITAKER PARK & RAWTENSTALL TOWN CENTRE

With the main festival taking place on Saturday 13<sup>th</sup> at Whitaker Park, and lots of other activities happening across Rawtenstall over the weekend! Expect live 60s music, dance acts, classic vehicles and scooter rides, funfair, stalls, and fancy dress run.

When? 12<sup>th</sup> - 14<sup>th</sup> September



#### THE BEACON DEMENTIA HUB

#### WHITAKER PARK

A one stop shop for information, support, and signposting. No need to book - just drop in!



When? Every Wednesday 10am - 12:30pm - starting 3<sup>rd</sup> September 2025.

www.beaconrossendale.org.uk

#### THE OTHER NEVILLE - SAME NAME, DIFFERENT GAME

HORSE + BAMBOO, BB4 9HB

www.horseandbamboo

The Other Neville is a powerful one-woman play, imaginatively inspired by England netball legend Tracey Neville.

When? Thursday 16<sup>th</sup> and Friday 17<sup>th</sup> October 2025 at 7:30pm.



#### **BABY AND YOU**

#### ST JAMES THE LESS CHURCH

Enjoy a hot brew, snacks and have a chat with other mums in a relaxed environment with toys, crafts, music, and bubbles for babies.

When? Thursdays from 9:30am until 11am - £2 per week (cash only).

#### **DANCEWORKS - ACADEMY OF PERFORMING ARTS**

Danceworks offer classes in acting, singing, dancing, and music to people of all ages. Whether you're aiming for a career in performing arts, or just to have fun!

They are offering 1 month of classes for FREE. Find out more:

DANSWORKS
DANCING | ACTING | SINGING | MUSIC

www.danceworks.co.uk

#### EXPLORING DAY-TO-DAY AWE IN RECOVERY OF BIPOLAR DISORDER

The University of Liverpool is interested in exploring how awe is associated with the recovery in bipolar disorder. Find out how to get involved by emailing:

amelia.ernster@liverpool.ac.uk

#### 2025 WHITWORTH RUSHCART

Ipm at Whitworth Museum procession featuring Whitworth Vale and Healey Band, Whitworth Rushcart Dancer, Britannia Coconut Dancer and more!

1:30pm - 4:30pm at The Ashcroft - hot and cold food, art and crafts, stalls, dancing, entertainment, rides, and bar.

When? Sunday 7<sup>th</sup> September







# FREE ORGANISED WALK IN WHITWORTH!

Walking is a great way to meet new people and learn about your local area. It also benefits your physical and mental health.

#### Every Tuesday, 1pm, Approx 40 minutes

Starting Point: The Ashcroft, Whitworth

This gentle, easy-paced route is ideal for beginners and seasoned walkers alike – no big hills, no rush, just time to enjoy being outdoors with friendly faces.

#### After the walk

Pop into Market Street Kitchen
Café for a natter and a warming
cuppa – a perfect way to unwind
and make new friends.



Please wear suitable clothing and footwear, bring a drink, and be prepared for all weather conditions.



Use the QR code to discover more opportunities for walking in Rossendale including Empowering Women's Walks, Rossendale Ramblers and Abigails Trails or visit www.rltrust.co.uk/walks-in-rossendale







#### A LANCASHIRE GARLAND PRESENTED BY SID CALDERBANK

#### **HELMSHORE TEXTILE MUSEUMS, BB4 4NP**

The history of the Lancashire Dialect in songs, stories, and poems - followed by a demonstration of the Museum's Spinning Mules.

When? Thursday 11th September at 2pm - tickets £5.

#### **ROUND THE HILLS WALK 2025**

Rossendale Rotary's annual 18 and 14 mile walk around Rossendale's countryside. The walk starts and ends at Marl Pits Leisure Centre at 8:30am.

When? Sunday 7<sup>th</sup> September.

https://www.eventbrite.co.uk/e/



#### CARERS LINK LANCASHIRE BULLETIN

https://carerslinklancashire.co.uk/so/41PZGuSuL? languageTag=en&cid=bb35a270-068f-4b07-bfb5-7d5fefe3d620

#### **BIRDS OF PREY DISPLAY**

#### ST NICHOLAS SCHOOL, DARK LANE

Flying and hunting demos and an opportunity to hold a bird on your wrist. Refreshments and hot dogs, and music from Newville Chorus.

When? Saturday 13<sup>th</sup> September, display starts at 1pm.



## A BRIEF COMPASSIONATE-FOCUSED INTERVENTION FOR OLDER PEOPLE WITH BIPOLAR DISORDER

The University of Manchester is carrying out research involving engaging in a 9-sessiontherapy intervention targeting negative thinking, feelings of guilt and shame, and cultivating compassion for self and others. Find out how to get involved by emailaing

imogen.young@postgrad.manchester.ac.uk

#### EAST LANCASHIRE YOUNG PEOPLE'S MENTAL HEALTH

Concerned about your mental health? Are you aged younger 18 or concerned about someone younger than 18?



Attend advice session online - enter 'ELCAS' as the

first name and 'drop-in' as the second name followed by your date of birth.When?

1st and 4<sup>th</sup> Wednesday of the month - 1-3pm 2nd Wednesday of the month - 3-5pm 3rd Wednesday of the month - 5-7pm tinyurl.com/ELCAS-LSCFT

#### **NEURO-MOVES**

Specialist dance classes for people living with neurological conditions and their friends and family. When?

Fridays from 1:30pm - 2:45pm at Haslingden Community Link Thursdays from 12:15pm - 1:15pm online.

For more information: <a href="https://www.lpmdance.com/neuro-moves">www.lpmdance.com/neuro-moves</a>

#### THE PLANTAGENENTS AND ENGLAND - LANCASHIRE ADULT LEARNING

#### **HASLINGDEN LIBRARY**

Join Lancashire Adult Learning to explore the history of England's greatest dynasty. Booking required.

When? Tuesday 9<sup>th</sup> September from 4pm until 6:30pm.

<u>lancashire.gov.uk</u>



junior parkrun is a free, fun, friendly, weekly, community event organised by volunteers of all ages for children aged 4 to 14.

2k junior parkrun events take place on Sunday mornings and are for the whole community to come together to walk, jog, run and volunteer. Join in on the fun at junior parkrun!

junior parkrun event: Stubbylee-Moorlannds Park - Start date 5th October 2025!!

Stubbylee-Moorlands Park, Bacup - Register opens 5th September!!!!!!

Location:

Time: 9:00am

JUNIOR PO



#### LANCASHIRE YOUNG CARERS SERVICES

Providing support to young carers under the age of 18 who provide regular and ongoing care and emotional support to a family member who is physically or mentally ill, disabled, or misuses substances and are significantly affected by their caring role.

Their young carers have a named worker who stays with them from the first point of contact, initial assessment, support and reviews. Find our more by emailing:

<u>lancashireyoungcarers@barnardos.org.uk</u>



### **FUNDING**

# Cosy Homes in Lancashire – Your Local Council Affordable Warmth Scheme

Are you struggling to stay warm at home or keep on top of energy bills? Cosy Homes are here to help! Book at visit from Cosy Homes - a free, small energy saving measures service available to anyone who; Is aged 70+ years, has a household income of less than £36,000 per year, is in receipt of a means tested benefit

They also offer free advice to ALL residents.

www.chil.uk.com

#### **BRANCHING OUT FUND - TREE PLANTING**

The Tree Council has reopened its Branching Out small grants fund to support a new season of community tree planting. Applicants can apply for between £250 and £2,500.

https://treecouncil.org.uk



## VOLUNTEERING

#### THE GREAT OUTDOORS TEAM

The Great Outdoors Team at Newground Together deliver an array of different outdoor related activities to improve people's social, physical and mental wellbeing. These sessions are open to all ages and abilities, they are free and are at various locations across Burnley, Pendle and Rossendale.

There are many volunteering opportunities within The Great Outdoors Team for people to get involved in, theses aim to develop people's skills, knowledge and wellbeing in outdoor based activities.

Find out more information on any of The Great Outdoors Team activities and details of how to get involved, please get in touch in the following ways:

hello@newground.co.uk

https://www.newgroundtogether.co.uk

#### HASLINGDEN COMMUNITY LINK

Haslingden Community Link are looking for volunteers to provide a service that will help someone else's life - even just 1 hour a week can make a difference.

Volunteers are needed to spend time connecting and chatting with the elderly, lonely and isolated to make a difference to their lives. No experience is needed, they will provide full training and support. Call 01706 230116 for more information.



#### SEPTEMBER 2025

# THANK YOU FOR READING

## PLEASE SHARE

If you have any information you would like to include our September Communities Bulletin please email us by Wednesday 24th September.

communitiesteam@rossendalebc.gov.uk





