



OCTOBER 2024

COMMUNITY BULLETIN



FIND OUT WHAT'S HAPPENING IN ROSSENDALE...

- Community Activities
- Community Information
- Health and Wellbeing
- Funding
- Training
- Volunteering

Welcome to your October Community Bulletin.

We produce a monthly bulletin with our health and community partners to keep you updated about community activity across Rosendale. This will include information on community group activities, events, health information, grants and community training opportunities. We hope you will find the bulletin useful.

All published Community Bulletins are available on our website - [Community Bulletins](#)

Feel free to share the bulletin with friends, community groups and on community group social media. If you have some information that you would like to share in the next bulletin, or you would like to be added to the e-mail distribution list, email us at

communitiesteam@rossendalebc.gov.uk

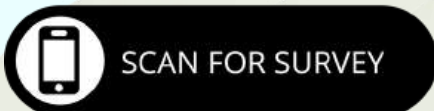
RESIDENTS SURVEY



Residents Survey



We want to hear from you before **31st October** about Rosendale, your neighbourhood and the Council



 <https://bit.ly/RBCResidentsSurvey2024>

“How satisfied are you with Rosendale as a place to live?”



COMMUNITY ACTIVITIES

CRAFT IN THE COMMUNITY HASLINGDEN

Free Community Craft Workshops
Everyone welcome!

Starting October 2024
Every Tuesday until March 2025
10am-11:30am
St Peters Community Centre, Haslingden

Register now!
Call 07727 180164
or
Email catheddisford1@gmail.com



A BREW FOR YOU HASLINGDEN

Every Thursday
1:00pm - 2:30pm
St Peters Church, Haslingden
Community Centre

Community Coffee Afternoon

Come along, enjoy free refreshments, meet others and have a good natter.

Email catheddisford1@gmail.com for more information.

No need to book, just turn up!



LEARN TO LINDY HOP BACUP

£5 PER LESSON

Thursdays 7pm - 8pm ABD CENTRE

6 week blocks, for beginners, no partner needed, just turn up!

Love to dance? Enjoy jazz music? Ready to learn something new? Join brand new classes and experience the fun and excitement of learning this iconic partnered swing dance, popular with communities all over the world



Together we are
beating cancer



CURRY NIGHT BACUP COMMITTEE

Thursday 24th October 7pm

£22 a ticket

The Swan, Market Street, Bacup OL13 0AY



GROOVE IT! ROSSENDALE

FREE exercise dance sessions for adults

Join for fun upbeat exercise to some fabulous tunes!

11th October 10:30am-11:30am

Everyone welcome!

A black poster for "Groove It! Free Exercise Dance Sessions for Adults". The title "GROOVE IT!" is in large, bold, orange letters. Below it, "FREE EXERCISE DANCE SESSIONS FOR ADULTS" is in white. The text "JOIN US ON THE FOLLOWING DATES FOR FUN UPBEAT EXERCISE TO SOME FABULOUS TUNES...." is in white. The dates and times are listed: "13TH SEPTEMBER 10.30AM-11.30AM", "27TH SEPTEMBER 10.30AM-11.30AM", "11TH OCTOBER 10.30AM-11.30AM", and "8TH NOVEMBER 10.30AM-11.30AM". At the bottom, it says "DM OR EMAIL CATHEDDISFORD1@GMAIL.COM TO BOOK YOUR PLACE" and "EVERYONE WELCOME". There are two yellow stars at the bottom corners and a logo for "GREATER GOOD PROJECT CIC" in the center bottom. The background features colorful silhouettes of people dancing.

BALLROOM DANCING LESSONS

BACUP

£5 a lesson!

Learn: ballroom, latin, sequence, much more!

For beginners- you don't need to bring a partner!

Every Monday 7pm-8pm

AB&D CENTRE, BURNLEY RD BACUP



HOLIDAY ACTIVITIES

ROSSENDALE LEISURE TRUST

Join Rossendale Leisure Trust's holiday club!

If you are looking for a holiday club in Rossendale, the leisure trust have you covered with plenty of activities that develop physical and mental wellbeing



GRIP & GO

ROSSENDALE LEISURE TRUST

Over the October Half-Term, there are extra Grip & Go sessions.

Whether you're a beginner or a climbing expert, Grip & Go has something for everyone.

To book your session visit:

<https://rltrust.co.uk/grip-go/>

LADIES SKI MORNING

THE HILL SKI ROSSENDALE



Are you ready to hit the slopes but don't know where to start?

The Ladies Morning Ski Club at Ski Rossendale is the perfect place to begin your skiing journey!

Beginner Intake - Friday 11th October - 10am - 12pm
4 week course - £60 @The Hill, Home of Ski Rossendale, Rawtenstall, BB4 8RR

THE ASHCROFT

WHITWORTH

The Ashcrofts Annual Halloween Party is back!
And tickets are selling out fast already!
Halloween games, best-dressed prize, disco.
Fancy dress is encouraged, even for adults!

11am - 2pm
Adults £3.50 (includes hotdog)
Children £6.00 (includes hotdog & spooky popcorn)



Join The Ashcroft for their Big Screen Cinema Day! They will be screening the brand-new Inside Out 2! The bar will be open for soft and hot drinks along with snacks.

Doors open 9:30am, film starts at 10am.
Children £3
Adults go free



MICRO-WOOD TREE PLANTING SESSIONS! NEWCHURCH

11-3pm 29 October 2024
Staghills Play area, Brow Edge,
Newchurch Rossendale

Bring your friends and family for a fun and rewarding day of planting trees

No experience or equipment needed- just love for nature and a willingness to get your hands dirty!

Suitable for all ages and abilities- theres something for everyone

treescap@lancashire.gov.uk
or ring 01772 534 214



ROSSENDALE SEWCIAL NETWORK BACUP



Book your place via Facebook to avoid disappointment
[@ABDcommunitycentre](https://www.facebook.com/ABDcommunitycentre)

First Saturday of every month
10am - 1pm

Brews and cake and company provided.

Bring your own machine or borrow ours.

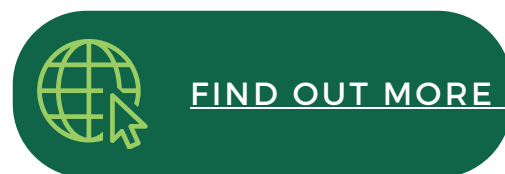
Please note, these aren't lessons, bring your own project and sew with friends.



FASHION SHOW RAWTENSTALL

**THURSDAY 10TH OCTOBER
6:30PM ST MARYS CHAMBERS**

VIP £15 GENERAL £8



DRAMA CLUB FOR KIDS BACUP

**AB&D CENTRE
Aged 10-16**

Learn new skills
Confidence building
Make new friends
Work towards a showcase
Have fun and socialise
Perform in front of friends and family

REGISTER NOW FOR AUTUMN SESSIONS

ENQUIRIES- info@gayleknight.co.uk



FARMERS MARKET RAWTENSTALL

Bringing local businesses together to showcase the very best fruit, veg, dog treats and tasty food and coffee and cakes

**Third Sunday of every month
9am-2pm**

Starting on 20 October 2024

Masonic Hall BB4 4OX

SING MOVE LAUGH ROSSENDALE

Free singing session with a difference

**EVERY MONDAY
10AM-11:30AM
ST PETERS CHURCH HASLINGDEN**

Contact
catheddisford1@gmail.com
to register your interest or call
07727180164



SOUTH ASIAN COMMUNITY EVENT HASLINGDEN

**Thursday 10th October 7pm-9pm Haslingden Community Link BB4
5PD**

PRESENTATION AND WORKSHOPS LED BY DR ABDUL MANNAN

Learn how to improve your own health, tell us what could help you and those around you

Discuss what the NHS and council do to help

Enjoy some healthy indian food!



INDIAN FOOD BACUP

FUNDRAISING MEAL

**THE SWAN INDIAN BACUP OL13 0AY
7PM FOR 7:30PM
MONDAY 28TH OCTOBER**

£23 PER PERSON

Contact leonie.fordmiah@twhp.org
07813 372 610



FUN PALACES

WHITWORTH

Whitworth Libraries first ever fun palace!

5TH OCTOBER 10AM-2PM

Host of activities, balloon modelling, tap dancing, musical instruments, face painting, bouncy castle

Festival of art, science, digital, sport and tech for all ages

[CLICK HERE FOR MORE INFORMATION](#)

NO NEED TO BOOK JUST TURN UP!

fun palaces



UKE3A WHITWORTH

**Monday evenings 7-8:30pm
Riddiough Court, Masseycroft,
Whitworth OL12 8TL**

Ukulele band

Join and have fun learn a new skill open to all levels from beginners to experiences

Drop in and meet us or contact Deborah Whitman at debwhitham@googlemail.com

Annual membership £15

[Find out more](#)



SOUND OF THE 60S

BACUP

Thursday Lunch Club

3rd October, 12-3pm noon

ABD CENTRE

Introducing Poppy Holliday

Information from
AGEUK & VALLEY ENERGY

Tickets available - CAST / TLC

FREE LUNCH



Had everyone on their feet...
Touches of brilliant comedy...
A show not to be missed...

Will Chandler is considered by many
to be the *number one* Sir Cliff
Richard performing lookalike.



CLIFF..AS IF... RICHARD HELMSHORE

Saturday 26th October 7:30pm
St Veronicas Church Hall
Helmshore Rd BB4 4JR

TICKETS £10

[Book now](#)

MUSIC AND MOVEMENT FOR CARE HOMES

ROSSENDALE

FREE interactive singing and gentle
exercise workshops for nursing and
care homes

To book a session

Call 07727 180164

or

Email catheddisford1@gmail.com



ABD CENTRE BACUP

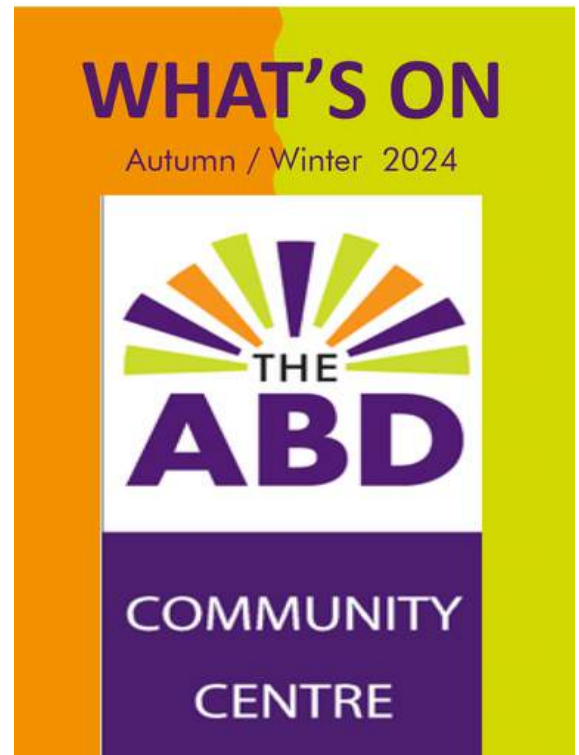
Check out what's on at the ABD Community Centre this month lots of activities from tai chi , karate, computer club, slimming world and chess!

www.abdcentre.org.uk

Facebook page

[@ABDcommunitycentre](https://www.facebook.com/ABDcommunitycentre)

07447 960045



LANTERN FESTIVAL STACKSTEADS

19th October 6-8pm

Parade your Secret garden themed lantern through Stacksteads and a long the Riverside Park

Accompanied by music from Blowjangles and Rossendale Drum Majorettes Light Poi will also be performing and refreshments provided at the finish

Not made a lantern? Just come along and carry one that has been refurbished from a previous procession

Workshop date 5th and 12th October 11am- 3pm
Globe Arts, Toll Bar Mill, Newchurch Road, Stacksteads

Can't make it to a workshop? Collect a kit to make your own art work!

CONTACT scpgstacksteads@gmail.com



COMMUNITY INFORMATION

FORUM MEETING

LANCASHIRE LIBRARIES, MUSEUMS AND ARCHIVES

Volunteering and mental health awareness theme

Open for all organisations, groups, volunteers, staff, and wider community

Join for an insightful discussion on the importance of mental health awareness for volunteers



Tuesday 8th October
11AM - 1pm
The chai centre,
Hurtley street, Burnley
BB10 1BY

Buying alcohol
during Halloween
for someone
under 18?



Supplying alcohol
to an underage
person is
illegal

For more information contact
police on 101

[Find out the harm underage
drinking can lead to](#)

You could get a
£90
on-the-spot fine or
end up in court with a
criminal record and an
unlimited fine

Partners

Local council, Police, Trading
Standards, alcohol retailers,
schools and the community



GETTING READY FOR WINTER ROSSENDALE VALLEY ENERGY



Advice and support to help you stay warm at home this winter

Come along to a pop-in sessions



BACUP - 3rd October 3-7:30pm - ABD Centre
RAWTENSTALL - 8th October 6:30-8:45 - Kay St
WHITWORTH - 18th October 10-1pm - Hallford United Reform Church



NEED TO BORROW? CHECK YOUR LENDER IS LEGAL

Contact Stop Loan Sharks for help and support with a loan shark - 0300 555 2222





Rossendale Heritage Futures Project



WHAT IS IT?

Valley Heritage Building Preservation Trust have secured £150,000 from Historic England to deliver a new 3 year project focussing on heritage assets across the Rossendale Valley. This is being matched with £15,000 from RBC and £3K from Valley Heritage over the project duration.



THE PLAN

To proactively address some of the many derelict and disused heritage assets across Rossendale

To put in place partnerships and establish a steering group, capacity and resources to explore new uses, unlock barriers and develop projects

EXECUTION

A project steering group will guide the delivery of the project with Valley Heritage being the accountable body.

The steering group will be actively involved in refining the list of heritage assets to prioritise those most at risk and those that will gain tangible traction during the life time of the project.



STEERING GROUP

If you would like to be a member of the Rossendale Heritage Futures Steering Group please email your expression of interest to:

jo.odonnell@valleyheritage.org.uk

VALLEY
HERITAGE



HEALTH AND WELLBEING



Lancashire and
South Cumbria
Integrated Care Board

YOUR health.future.say.

Have your say on the future of health and care in your area and the whole of Lancashire and South Cumbria.

Tuesday 24 September 3.30pm-5.30pm

The Hub@Banks

Thursday 26 September 5pm-7pm

The Forum, Barrow-in-Furness

Wednesday 9 October 4pm-6pm

Shout Connect, Preston

Friday 11 October 12.30pm-4pm

Drop in at Winter Gardens, Blackpool,
(part of the Active into Autumn event)

Monday 14 October 3pm-5pm

More Music in Morecambe

Monday 21 October 4pm-6pm

Daneshouse, Burnley

Thursday 24 October 4pm-6pm

Blackburn College, Blackburn

We would like to start the conversation with people who live and work across our area so they feel informed and involved in decisions that will help the NHS transform to be fit for the future.

**For more information
and to book your place
scan the QR code**



or visit:

www.lancashireandsouthcumbria.icb.nhs.uk/roadshows

NHS Talking Therapies Service provides a range of FREE therapy options recommended by the National Institute for Health and Care Excellence (NICE) for common mental health problems such as depression and anxiety.

NHS
Blackpool
Talking Therapies

FREE Autumn Courses Available

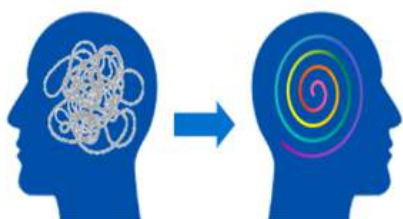


8-week Mindfulness Based Cognitive Therapy Course

60min introduction 1pm Mon 16th September. Followed by
8 x 2-hour session weekly online sessions.

Monday 23rd 30th September 7th 14th 21st 28th October 4th 11th November.

Learn to live in the present!



MASTERING STRESS – Steps to Wellness

30min introduction 10am Mon 23rd September

Followed 6 x 90min weekly online sessions.

Mon 30th September 7th 14th 21st 28th October & 4th November

Learn new skills and coping strategies

A personalised link will be emailed and recordings accessible for 72hours

45min webinars, with recordings available for 3 days

Mens Wellbeing
1pm Mon 9th September

Perinatal Wellbeing
1pm Wed 25th September

Mindfulness & Wellbeing
10am Friday 4th October

Menopausal Wellbeing
1pm Thur 24th October

**AVAILABLE TO PEOPLE OVER 16 WHO LIVE, WORK AND STUDY
IN BLACKPOOL, LANCASHIRE OR SOUTH CUMBRIA**

Blackpool Talking Therapies is not able to provide reports for compensation, legal or benefits claims or prescribe medication. We do not offer 24-hour or weekend access, crisis or emergency treatment, treatment for alcohol or drug problems or treatment for severe and enduring mental illness.

Please discuss these needs with your GP.

To self-refer, please call: **01253 955700** (Monday–Friday 9am–5pm)

or email: bfwh.talkingtherapies@nhs.net

www.blackpoolteachinghospitals.nhs.uk/services/talking-therapies

Scan here to
visit our website



f Blackpool Talking Therapies

for anxiety and depression

Service provided by Blackpool Teaching Hospitals NHS Foundation Trust

Children & Young People's Support

Peer Support

Our new Peer Support model will offer specific routes to support young people's wellbeing from age 10- 25.

Locations:

North Lancashire Blackpool
East Lancashire Blackburn
Central Lancashire

Wellbeing Services:

- Support to access existing community groups
- 1-1 Virtual wellbeing coaching
- Signposting to specialist support
- Peer support training
- Establishing new groups for young people

More details here



TRAINING

DIGITAL JOB CLUB

FREE



Every Tuesday

1:30 PM- 15:00 PM



Location

**THE ABD
COMMUNITY
CENTRE, BACUP**



Phone number
07447 960045



**ONLINE JOB SEARCH
CV GUIDANCE**

FUNDING

ERIC WRIGHT LARGER GRANTS FUNDING OPPORTUNITY



We are excited to announce that the Eric Wright Charitable Trust Larger Grants Programme 2024/25 is now open for applications! ✨

This programme is designed to provide significant funding to local charities, non-profit organisations, and community groups that are making a real impact across Burnley, Pendle, and Rossendale. If your project aligns with the Trust's goal of enhancing the well-being of communities through innovative and effective initiatives, get in touch!

Funding Details:

- Grants are available for larger projects that align with the Trust's objectives of supporting community well-being, health, education, and social inclusion.
- Successful applicants can receive substantial funding to bring their impactful projects to life.

Who Can Apply? Eligible applicants include:

- Registered charities
- Non-profit organisations
- Community groups with a clear vision for positive change

Key Dates:

Applications are open now! Make sure to submit your application before the deadline to be considered for funding.

How to Apply: Visit [here](#) for full details on the application process, eligibility criteria, and to download the application form



ERIC WRIGHT
CHARITABLE TRUST

OCTOBER 2024

THANKS FOR READING!

If you have any information you would like to include in the November community bulletin please email:

Communitiesteam@rossendalebc.gov.uk

By Friday 25th October 2024.

