



NOVEMBER 2025

COMMUNITY BULLETIN



FIND OUT WHAT'S HAPPENING IN ROSSENDALE...

- Community Activities and Information
- Health and Wellbeing
- Funding
- Training
- Volunteering

WELCOME TO YOUR NOVEMBER COMMUNITY BULLETIN!

We produce a monthly bulletin with our health and community partners to keep you updated on the community support and activities happening across Rossendale. This includes information from our community groups, events, health information, grants and community training opportunities. We hope you will find the bulletin useful.

All published Community Bulletins are available on our website - [Community Bulletins](#)

Feel free to share the bulletin with friends, community groups and on your own social media. If you have any information that you would like to share in our next bulletin, or you would like to be added to the e-mail distribution list, email us at communitiesteam@rossendalebc.gov.uk

COMMUNITY INFORMATION

MEETING THE SPIRITUAL NEEDS OF THE ELDERLY – ANNA CHAPLAINCY ROSSENDALE

The past two months have been a season of growth and gratitude for the Anna Chaplaincy Rossendale team. We've expanded our Holy Communion visits to three new care homes, where services filled with hymns and joyful singing – especially "All Things Bright and Beautiful" – continue to lift hearts and voices alike.

Our Memory Worship services, designed for those living with dementia and their carers, have been a source of joy and connection across the Valley. Creative retellings of Bible stories – from Jonah and the Whale to Joseph and His Coat of Many Colours – have brought faith to life through music, prayer, and reflection.

The ever-popular Pets as Therapy visits with dogs Pippa and Poppy continue to spark smiles and memories, often accompanied by hymns and prayers that touch everyone present.

This autumn, we celebrated Harvest Festival with vibrant displays of fruits and vegetables, giving thanks for God's generosity and the abundance of the season. We also marked the International Day of Older Persons, reflecting on Anna and Simeon's story and sharing Psalm 92:14:

"They will still bear fruit in old age, they will stay fresh and green."

As we look ahead, November will bring Remembrance services, followed by a joyful season of Christmas carols throughout the Valley. Our regular Holy Communion and Hymns & Prayer sessions will continue as always – celebrating God's presence and love at every stage of life.

Tricia Calway, Anna Chaplain

☎ 07949 140 108

Follow them on Facebook and Instagram



COME AND TRY WOMENS AMERICANS FOOTBALL @ROSSENDALERAPTORS

EMPOWERING EVERY WOMAN TO FIND HER STRENGTH.
HER TEAM. AND HER PLACE.

Join Today

[Click Here](#)



BRIDGING THE GAP TOGETHER: SURVEY INVITATION

Residents of Lancashire aged 16 and over are invited to take part in a short survey exploring views on rail travel and careers in the railway industry.

The project, led by the University of Central Lancashire in collaboration with Community Rail Lancashire (CRL), aims to understand people's experiences of rail — whether they travel by train regularly, occasionally, or not at all — to identify both the barriers and opportunities that rail presents.

The survey is anonymous, takes around 10 minutes to complete, and the results will be shared with the rail industry to help inform future decisions.

Take part here:

[Survey Link](#)

For more information about Community Rail Lancashire, visit communityraillancashire.co.uk.

FRIDAY MORNING SOCIAL CLUB THE ASHCROFT , WHITWORTH

Join our relaxed Friday Morning Social Club for older adults—everyone's welcome!
No booking needed—just drop in. £2.50 gets you:

- A hot drink + freshly made toast
- Gentle games: dominoes, chess, Scrabble, cards & more
- Newspapers, music, TV + a cosy lounge
- Friendly faces and good conversation

When? Every Friday 10am till 12pm £3 (card only)

CHRISTMAS CRAFTS EVENT

THE ASHCROFT

10am – 12pm: Choose between Ukrainian egg decorating or Christmas cracker making (bring small gifts if you'd like to personalise your crackers!)

1pm – 3:30pm: Join our popular traditional wreath-making workshop, using beautiful natural materials – or bring your own decorations to match your colour scheme!

Enjoy festive tunes, mince pies, tea, coffee, juice – and even a little mulled wine or speciality coffee from the bar!

Spaces are limited, so book early to avoid disappointment!

When? Saturday 6th December at

[Tickets](#)

HASLINGDEN HIGH SCHOOL PTFA

CHRISTMAS MARKET

When? Sunday 23rd November 11am – 3pm

JUNIOR PARK RUN

STUBBYLEE PARK | BACUP

FREE sessions , all abilities welcome | 2K Run

When? Every Sunday at 9am

Suitable for children aged 4-14 years



ENGLISH CLASSES

BURNLEY ROAD, BB4 8EW

Every Thursday at 10.30am starting 13th November 2025 Rawtenstall Family Hub and the Zone

To register your interest, please scan the QR code below:



HEALTH-WISE **NHS**

Getting the right support for your child

Facts you need to know about your child's health and NHS services



Which NHS service? When?

Self-care
Conditions that will get better themselves over time: Headaches, coughs, colds, grazes, sore throats.
You can look after yourself at home. Ensure you have a well stocked medicine cabinet.

Pharmacy
Conditions that are helped by medicines: Diarrhoea, painful coughs, medicine advice.
Pharmacy teams are experts in medicines who can help you. They all have consultation rooms if you'd prefer to talk in private.

GP practice
Longer lasting illnesses: Vomiting, aches and pains, fever in children, ear infections.
Your GP practice offers a range of healthcare professionals including doctors and nurses who are available for all health concerns and can refer to other medical services when required.

NHS 111
Unwell and unsure where to go?
Advice on more urgent medical conditions.
111.nhs.uk online or over the phone can help if you have an urgent medical problem and you're not sure what to do. They can even book an appointment to some health services if needed.

Mental health support
Wellbeing helpline: 0800 915 4640 or text 'hello' to 07860 822 846.
In crisis and need support straight away, call 0800 953 0110.
Visit www.healthyyoungminds111.co.uk for support for young people.

Urgent Treatment Centres
For conditions that are more urgent but not life threatening: Cuts, sprains, minor burns and fractures.
You can go to these centres if you need more urgent medical attention that's not life threatening. Most can even x-ray.

A&E or 999
Severe bleeding, severe chest pains, strokes, breathing difficulties, loss of consciousness
Emergency departments or A&E are only for life threatening emergencies. You may have to wait as more serious conditions are dealt with first.

If you require your dentist in an emergency or out of normal opening hours, call them as they will have answer machine messages detailing where to access out of hours service. If you have a dental emergency, but aren't registered with a dentist, call the dental helpline 0300 1243 010 or use NHS 111.

Find your nearest pharmacy here:
nhs.uk/service-search/pharmacy/find-a-pharmacy

Find your nearest Urgent Treatment Centre or Minor Injury Unit here: nhs.uk/service-search

[More information](#)

WALKING TOUCH RUGBY MARL PITS, RAWTENSTALL

FREE sessions , all abilities welcome

When? Every Wednesday at 6pm

For more information, please contact Phil Mills : phill@next-steps-sports.co.uk



MEMORY WORSHIP BY THE ANNA CHAPLAINCY ROSSENDALE TEAM WHITEWELL BOTTOM COMMUNITY CENTRE

Gentle Christian service for those living with dementia and their carers. Join us in our Memory Worship for this exciting story. Hear the mournful cry of the whales as Jonah descends deep into the sea, the crashing of the waves as the storm raged above and some lively and active hymns like My Lighthouse. After the service, enjoy some colourful artwork and light refreshments.

Come and share in the fun and creativity. These short services offer a combination of reverence and fun, familiar hymns, comforting words, and quiet moments.

Everyone welcome.

When? Wednesday 19th November 2 pm



Light up a Life

Thursday 11th December 2025

Remember someone special this Christmas

St Mary's Church, Rawtenstall

Arrival 6:30pm, Start 7pm

Make your Dedication

Visit: www.rossendalehospice.org/lightupalife

Call: 01706 393870 opt 3

In-Person: at Rossendale Hospice

Post: Complete a form and post it back to Rossendale Hospice

Deadline: Friday 5th December



Scan here to make
your dedication online



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FUNERAL SERVICES



CARERS LINK LANCASHIRE BULLETIN

[https://carerslinklancashire.co.uk/so/41PZGuSuL?
languageTag=en&cid=bb35a270-068f-4b07-bfb5-7d5fefe3d620](https://carerslinklancashire.co.uk/so/41PZGuSuL?languageTag=en&cid=bb35a270-068f-4b07-bfb5-7d5fefe3d620)



inspire

Online Training Update

East Lancashire

New Training Dates!

We can come to your place of work and deliver training to your whole team! To arrange Face to Face training, contact me (details below), or scan below to join our online courses.



Drug Awareness & Harm Reduction

Covering substances like synthetic opioids, NPS, benzodiazepines, ketamine, and nitrous oxide, this session explores current trends, risks, and practical harm reduction techniques for safer use and effective intervention.



Alcohol Awareness & Harm Reduction

Gain practical tools and insights into drinking behaviours, harm reduction, and intervention strategies using resources like AUDIT to help identify risks, support healthier choices, and understand the impacts of alcohol misuse.



Introduction to Inspire Services

An overview of Inspire's tailored approach, the service user journey from referral to recovery, and how to refer someone in need of support.



Naloxone & Overdose Awareness

Learn how naloxone reverses opioid overdoses, how it works in the body, and how to recognise and respond to an overdose using nasal spray or injection in an emergency.



“

Lisa is very approachable. She is knowledgeable and passionate. Lisa was able to answer all questions and her approach made the training interesting and mind provoking.

”



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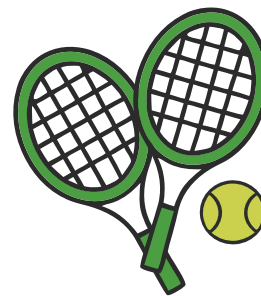
EastLancs.Training@cgl.org.uk

FREE PARK TENNIS STUBBYLEE PARK, BACUP

No kit needed, everything is provided | Fun skills & drills

When? Every Saturday morning | 10 am

[Book Here](#)



EAST LANCASHIRE YOUNG PEOPLE'S MENTAL HEALTH

Concerned about your mental health? Are you aged younger 18 or concerned about someone younger than 18?

Attend advice session online - enter 'ELCAS' as the first name and 'drop-in' as the second name followed by your date of birth. When?
1st and 4th Wednesday of the month - 1-3pm
2nd Wednesday of the month - 3-5pm
3rd Wednesday of the month - 5-7pm



tinyurl.com/ELCAS-LSCFT

NEURO-MOVES

Specialist dance classes for people living with neurological conditions and their friends and family. When?

Fridays from 1:30pm - 2:45pm at Haslingden Community Link
Thursdays from 12:15pm - 1:15pm online.

For more information: www.lpmdance.com/neuro-moves



ROSSENDALE REMEMBRANCE EVENTS 2025

BACUP

Sunday 9th November, Start Time 2pm. Parade commencing at the Fire Station, (OL13 9PZ) Pennine Road Bacup, Marching Down Rochdale Road, St James Street/ St James Square, to meet for a service at the Cenotaph, Burnley Road. Then returning along Burnley Road / St James Square/ St James Street to South St.

WATERFOOT

Sunday 9th November, Start Time 12.30pm. Tricketts Memorial Ground, Waterfoot

WHITWORTH

Sunday 9th November, Start Time 10.20am. Parade commencing Market Street Whitworth (near Junction with Acre Street) and finishing at 10.40am at Whitworth Civic Hall

RAWTENSTALL

Sunday 9th November, Start Time 2.35pm. Parade commences North Street/Kay Street to parade up Kay Street, down Bank Street, across St Mary's Way to gather at the Cenotaph outside St Mary's Church for a Service of Remembrance to commence at 3.00pm. Then parade back up Bacup Road and Kay Street to dismiss on North Street.

HELMSHORE

Sunday 9th November, Start Time 9.15am. The Parade will assemble on Broadway off the road outside the shops. There will be a short march along Helmshore Road to St Thomas' Church for a service at 9.45 am. On completion of the church service, the parade will march along Helmshore Road to the Memorial Gardens where a service of commemoration and wreath laying ceremony will be held prior to 11am when a 2 minute silence will be observed.

HASLINGDEN

Sunday 9th November, Start Time: 1.00pm. Act of Remembrance at Greenfield Memorial Gardens followed by a parade following a route down Manchester Road, up North Street and up Bury Road. The parade will end outside the Veterans in the Community building on Bury Road at 2.15pm.





New ways your pharmacist can help you



Your local pharmacist can now treat you and give you medicines for some illnesses without you having to see a doctor first.



Pharmacists can now help if you have:

- an earache and you may have a high temperature



- a dry, scratchy or sore throat



- a urinary tract infection (UTI) which can feel like a burning or a pain when you pee

See your
pharmacist

Help us
help you



- sinusitis which can be a blocked or bunged up nose



- shingles which can give you a rash and make you feel unwell



- impetigo which can give you an itchy rash



- infected insect bites which can be red and sore



You can still speak to your doctor but your pharmacist will often be able to help. You do not have to book an appointment.

Find out more at
nhs.uk/thinkpharmacyfirst

See your
pharmacist

Help us
help you

Author Talk: Nick Oldham Haslingden Library

Join us for a fantastic and inspiring talk from Lancashire author Nick Oldham. Hear about his book and author journey.

Free – booking required.

When? Tuesday 11 November 5:30pm – 6:30pm



PUMPKIN TRAIL

Join us for our annual Edgeside Park Pumpkin Trail! On November 1st, the day after Halloween, bring your carved pumpkin down to Edgeside Park in Waterfoot and add it to the community trail. You can drop your pumpkins down early at the park, any time from 3pm or bring it with you to the event.

When? Saturday 1 Nov 4.30PM TIL 6.30PM | FREE FOR ALL THE FAMILY



ASHCROFT CHRISTMAS MARKET

Join us for a magical festive Christmas Markets – Browse 20 indoor stalls packed with gifts, crafts, and festive treats.

Food & Drink – Enjoy delicious bites from 3 outdoor food vendors and relax in our cosy seating area.

Santa's Grotto – Meet Santa himself! Booking essential: [whitworth.gov.uk/shop](https://www.whitworth.gov.uk/shop)

Free Face Painting – A festive favourite for the little ones!

Free Bouncy Snow Globe – Step inside for a magical snowy photo moment!

Christmas Light Switch-On – At 4:15pm, watch Whitworth sparkle as we light up the season!

Bring along your family and friends and soak up the Christmas spirit – it's the perfect way to start the festive season!

When? Sunday 23rd November, 12–4pm!

FUNDING

Cosy Homes in Lancashire – Your Local Council Affordable Warmth Scheme

The Little Van of Warm, handy person service offers face-to-face practical help, and the installation of simple energy-saving measures, all from the comfort of your home.

The service is available to anyone who , is aged 70+ years OR Has a household income of less than £36,000 per year OR, Is in receipt of a means tested benefit.

What could you receive?

- Draught-proofing
- Radiator reflector panels
- Hot water tank jackets
- LED light-bulbs
- Draught excluders
- Letter box brushes and more!

To book a free visit call 03306 061 488 or, visit www.chil.uk.com

BRANCHING OUT FUND – TREE PLANTING

The Tree Council has reopened its Branching Out small grants fund to support a new season of community tree planting. Applicants can apply for between £250 and £2,500.

<https://treecouncil.org.uk>



Branching Out Fund

VOLUNTEERING

THE GREAT OUTDOORS TEAM

The Great Outdoors Team at Newground Together deliver an array of different outdoor related activities to improve people's social, physical and mental wellbeing. These sessions are open to all ages and abilities, they are free and are at various locations across Burnley, Pendle and Rossendale.

There are many volunteering opportunities within The Great Outdoors Team for people to get involved in, these aim to develop people's skills, knowledge and wellbeing in outdoor based activities.

Find out more information on any of The Great Outdoors Team activities and details of how to get involved, please get in touch in the following ways:

hello@newground.co.uk

<https://www.newgroundtogether.co.uk>

HASLINGDEN COMMUNITY LINK

Haslingden Community Link are looking for volunteers to provide a service that will help someone else's life - even just 1 hour a week can make a difference.

Volunteers are needed to spend time connecting and chatting with the elderly, lonely and isolated to make a difference to their lives. No experience is needed, they will provide full training and support. Call 01706 230116 for more information.

THE LINK CENTRE

NOVEMBER 2025

THANK YOU FOR READING

PLEASE SHARE

If you have any information you would like to include our November Communities Bulletin please email us by Wednesday 27th October.

communitiesteam@rossendalebc.gov.uk

