









Welcome to your regular newsletter from The King's Trust in Lancashire

We have so many great courses for young people aged **16-30** to get involved in. Courses are free and give people the tools to build their confidence, find a job or start their own business.


If you know a young person who is not in education, employment or training and would benefit from our support, email us on the [addresses below](#) or call [Customer Services](#) on [0800 842842](#).

Course detail and dates

TEAM	Enterprise	Explore
		
<p>Location: Lancashire & Cumbria Date: Ongoing Age: 16-25</p> <p>12-week personal development course, to gain valuable practical skills and experience, earn a qualification, and boost confidence. Take part in a residential trip, work as a team on a community project, get two weeks work experience and earn a nationally recognised qualification.</p> <p>Email us > Jessica.Walker@kingstrust.org.uk</p>	<p>Location: Virtual Date: Ongoing Age: 18-30</p> <p>With expert-led workshops, one-to-one support, and opportunities to apply for funding, we provide the tools you need to create a strong business plan and launch a successful business. We offer free, flexible training and mentoring from business experts.</p> <p>Contact us > Customer Services Team 0800 842 842</p>	<p>Location: Burnley, BB11 1DU Date: 11 Mar- 4 Apr 25 Age: 16-25</p> <p>An individually tailored personal development programme combining one-to-one support and group activities, delivered by dedicated staff. This programme helps you to develop the skills and confidence you need to move forward.</p> <p>Email us > Tracey.Duerden@princes-trust.org.uk</p>

Get into Engineering and Business Services	Get Started in Electrical and Hybrid Vehicles	Work in Care with PHX Training
		
<p>Location: Samesbury Date: Taster Day: 12 Feb 25 Programme: 24 Feb - 14 Mar 25 Age: 18-30</p> <p>Take part in onsite work experience with BAE. Develop new skills, improve your CV, and boost your interview technique. Learn about job opportunities and apprenticeships with BAE. Receive 6 months King's Trust support.</p> <p>Email us > Becca.Grimshaw@kingstrust.org.uk</p>	<p>Location: Blackburn College Date: Taster Day 12 Feb 25 Programme 17 Feb – 21 Feb 25 Age: 16-25</p> <p>Meet new people and learn new skills. Get hands on experience with repairs and maintenance. Build on your confidence, teamwork, and social skills to enable personal growth. Opportunity to enrol at Blackburn College on Hybrid Electrical Automotive Training.</p> <p>Email us > Andrew.Mcnally@kingstrust.org.uk</p>	<p>Location: Preston Date: 10 Mar – 28 Mar 25 Age: 19-30</p> <p>An opportunity to gain work in the Social Care Sector. Complete a Health & Social Care course with PHX Training, followed by a week of learning all about employability and what is involved to work in Social Care. Gain application form knowledge, interview prep and learn about Social Care values. At the end of the programme, you will have live interviews with Social Care providers.</p> <p>Email us > Maariyah.Kalu@kingstrust.org.uk</p>

Clerical work with Lancashire South Cumbria Foundation Trust



Location: Online
Date: 25 Mar – 27 Mar 25
Age: 18-30

A programme for young people interested in Admin Roles. During the programme you will learn about what is involved in the roles and gain application support and interview prep. There are Bank Admin jobs available at the end of this programme, job offer will be subject to good application and interview. Having prior Admin experience is preferred.

Email us >
OutreachLancs@kingstrust.org.uk