

# Family Hubs Network Rossendale Partners

Rossendale Newsletter, February 2025



Children and Family  
Wellbeing  
Service



Rossendale Valley Energy is a community energy group founded in 2022, with the help of local community members and support from Valley Heritage. We are a community-led, not-for-profit group unique to the Rossendale Valley. We aim to help Rossendale live in warmer, healthier homes without extra cost and improve our fuel security in a fair and affordable way.

For referrals: [Referral form for partners - Rossendale Valley Energy \(rvenergy.org.uk\)](https://rvenergy.org.uk)

## Positive Relationships- Stronger Families



Positive Relationships Stronger Families is a 4-week programme for parents who may be struggling with conflict within their relationships. This programme is designed to support you in understanding your co-parental relationships. It explores why we argue, communication skills and provides suggestions on how to communicate in a helpful way. There may be times when this programme is not suitable such as if you are scared or intimidated by your co-parent or if there is coercive control in the relationship. There are specialist services to support you.

If you would like to book on the group, or need more information, please contact [rossendalegroupwork@lancashire.gov.uk](mailto:rossendalegroupwork@lancashire.gov.uk)

## MENTAL HEALTH IN SCHOOLS

The Mental Health Support Team (MHST) provides an accessible service for pupils from primary to year 13 who may be experiencing a range of mild to moderate difficulties with their mental health.

If you have noticed a child is feeling frequently sad, worried, or anxious and feel they may need support from their team, please speak to a member of staff at the child's school, who can support a 'request for support' form to the MHST.

<https://elht.nhs.uk/services/mental-health-support-teams-school-based>

### LANCASHIRE EMOTIONAL HEALTH IN SCHOOLS AND COLLEGES. (LEHSS)

Their work aims to help school and college staff to better support the emotional and mental wellbeing of children and young people. Through training and support, schools will feel more confident to both understand and manage children's emotional health difficulties. All their work is FREE OF CHARGE to schools and colleges in the LCC area.

[LANCASHIRE EMOTIONAL HEALTH IN SCHOOLS AND COLLEGES – Support for staff in Lancashire County Council schools and colleges from experienced clinical psychologists \(lancs.ac.uk\)](https://www.lancashire.ac.uk/lehss/)

## Internet Safety

### **Tuesday 11<sup>th</sup> February is Internet Safety Day**

The NSPCC have several resources available on their website to support with online safety. [Keeping children safe online | NSPCC](https://www.nspcc.org.uk/keeping-children-safe-online/)

The GOV.UK website offers guidance to help those who work in early years settings consider their practice and to take steps to safeguard both children and adults online.

<https://www.gov.uk/government/organisations/uk-council-for-internet-safety>

## Training Opportunities for the New Year

### **Early Help Assessment and Analysis Training (2 Days)**

Day 1 - <https://clickdelegate.lancashire.gov.uk/conferenceDetails.asp?eid=6972>

Day 2 - <https://clickdelegate.lancashire.gov.uk/conferenceDetails.asp?eid=6973>

**Graded Care Profile 2 Training:** The Graded Care Profile 2 (GCP2), a licensed tool from the National Society for the Prevention of Cruelty to Children (NSPCC).

We have committed to rolling out GCP2 across Children's Services and partner agencies who work directly with children and families.

<https://clickdelegate.lancashire.gov.uk/conferenceDetails.asp?eid=6960>