**Let’s Talk About Suicide Conference Agenda**

**Date:** 1st October 2025  
**Time:** 9:00 AM - 5:00 PM  
**Registration:** 08:00 – 08:45

**9:10 AM - 10:50 AM**

**09:10 AM:** Welcome and Opening Remarks  
*Compere: Mike Crowther MBE, CEO Empowerment Charity Lancashire* (10 minutes)

**Setting the Scene**  
*Speaker: Nathan Parker* (5 minutes)  
*Mike Crowther Introduction* (2 minutes)

**09:30 AM - Guest Speaker:**  
**Andy Knox**  
*Interim Medical Director, Lancashire and South Cumbria ICB, GP Partner, Ash Trees Surgery, Carnforth, Honorary Professor, Lancaster University Management School*  
**Focus:** Improving Population Health, Tackling Health Inequity, System Improvement, and Creating Compassionate Cultures (20 minutes)

**09:50 AM:** Mike Crowther Introduction (5 minutes)

**09:55 AM - Speaker:**  
**Professor Zaffer Iqbal**  
*Chartered Consultant Clinical Psychologist and Clinical Director (Psychological Services) at NAViGO*  
Professor Iqbal has led the development of award-winning mental health and suicide prevention services in North East Lincolnshire. As a Senior CAMS (Collaborative Assessment and Management of Suicidality) Consultant, he has trained hundreds of professionals to effectively manage suicide risk. His expertise and leadership in psychological services are nationally recognised. (20 minutes)

**10:15 AM:** Mike Crowther Introduction (3 minutes)

**10:20 AM - Speakers:**  
**Ellie Palma Cass (Epic Hope) and Adam Wignall (Greater Manchester Police)**  
**Focus:** Discussing Community Pathways in Crisis Care (20 minutes)

**10:38 AM:** Mike Crowther Summary and Introduction (2 minutes)

**10:40 AM - Speaker:**  
**Adie Knowles**  
*Police Lancashire, Duty Detective Inspector*  
**Focus:** Police Perspectives on Sudden Death Investigations (15 minutes)

**10:58 AM:** Mike Crowther Wrap Up and Confirm Morning Break

**11:00 AM – 11:15 AM:** Morning Break  
*Break with tea, coffee, and biscuits*

**11:15 AM:** Mike Crowther Welcome Back and Introduction (3 minutes)

**11:20 AM - Speaker:**  
**Alice Swarbrick**  
*Coroner's Officer Manager, Lancashire and Blackburn with Darwen* (15 minutes)

**11:38 AM - Speaker:**  
**Celia Johnson**  
*British Transport Police*  
**Focus:** Improving Bereavement Care with British Transport Police

**11:58 AM:** Mike Crowther Wrap Up and Introduction (2 minutes)

**12:00 PM - Speaker:**  
**Alison Alife's Squad**  
*Recent Research in Collaboration with St John's Moore University, Liverpool* (15 minutes)

**12:15 PM:** Mike Crowther (5 minutes)

**12:20 PM - Speakers:**  
**Claire Hickson and Vikki Lang, Swan Team**  
**Focus:** Collaboration for Impact on Suicide Bereavement Support (15 minutes)

**12:35 PM:** Mike Crowther Wrap Up for Lunch

**12:40 PM - 1:40 PM:** Lunch  
*Networking Lunch*

**1:40 PM:** Mike Crowther Welcome Back and Introduction

**1:45 PM - Speakers:**  
**Angela Allen (Bags for Strife) and Samantha Southern (Solace Manager)**  
**Focus:** Findings from the Recent Lancashire-Wide Bereavement Support Report, Touching on Suicide Bereavement and Support within the Workplace (25 minutes)

**2:10 PM:** Mike Crowther Discussion and Attendee Movement to Panel Discussion Rooms

**2:15 PM - Panel Discussions:**

* **Group 1:** “Peer Support: A Lifeline in Crisis”  
  *Facilitators: Mike Shep, Grace, Ana, Dan, Simon.*
* **Group 2:** “Gold Standard Bereavement Pathways: A Collaborative Approach”  
  *Facilitators: Alice, Ayse, Adie Knowles, Celia Johnson, Sam Southern, and Angela Allen*
* **Group 3:** “Collaboration in Action: Supporting the Multi-Dimensionally Disadvantaged”  
  *Facilitators: Nicola Plumb and Adder Police* (40 minutes talk and questions)

**3:00 PM - 3:15 PM:** Afternoon Break

**3:15 PM:** Mike Crowther Introduction Back (5 minutes)

**3:20 PM - Speaker:**  
**Co-AL Alliance**  
**Focus:** Risks of Mixing Alcohol and Cocaine (15 minutes)

**3:35 PM:** Mike Crowther Wrap Up (5 minutes)

**3:40 PM - Speaker:**  
**Steve Phillips (Jordan's Legacy)**  
**Focus:** Importance of Collaboration in Suicide Prevention and Announcing New Collaborative Action (20 minutes)

**4:00 PM:** Mike Crowther Wrap Up (5 minutes)

**4:05 PM - Speaker:**  
**Dan Kibbin**  
*Progress of the New Project: I Am Dylan* (8 minutes)

**4:15 PM:** Mike Crowther (2 minutes)

**4:18 PM - Speaker:**  
**Anastasia Marie**  
*Wellness Coach – Grounding and Tapping* (10 minutes)

**4:30 PM - Speaker:**  
**Nathan Parker**  
*Poetic Summary of the Day* (15 minutes)

**4:45 PM:** Mike Crowther Show the Baton of Hope Video from 1st September, Including Vision for the Future, Thank You, and Close (6 minutes)

**5:00 PM:** Conference Close