

VOLUNTEERING FOR WELLBEING AND COMMUNITY HUB

NEWSLETTER

JANUARY 2026



MESSAGE FROM THE TEAM

Welcome to 2026! The new year brings new faces to the Volunteering Hub...

INTRODUCING...

As you may be aware, there have been a few changes to the Hub team over the last few months. Caroline has joined as the new Volunteering for Community and Wellbeing & Group Support Co-ordinator, and Kim has stepped into the role of Wellbeing & Community Hub Project Support.



Caroline is a firm believer in the power of camomile tea to solve almost anything, and her own experience of volunteering across different projects gives her a clear understanding of what motivates volunteers.



Kim brings legendary proactive energy and top-notch administration skills, helping to keep the Hub (and Caroline!) running like clockwork.

Together, they are excited to build on the great work of their predecessors and support even more people across Burnley, Pendle and Rossendale to get involved in volunteering for their wellbeing, as well as supporting voluntary involving organisations with all their volunteering needs.

UPCOMING EVENTS

You told us you wanted to get together - We're pleased to share details of an upcoming meetup. On January 28th from 2:00pm to 4:00pm come along to the CVS centre meet other volunteers and share how you would like future events to look. To confirm your place -please contact the hub thehub@bprcvs.co.uk



JOKE OF THE MONTH

This month's joke of the month comes from BPRCVS reception volunteer Peter, Every time I take my dog to the park, the ducks try to bite him. That's what I get for buying a pure bread dog.

Thanks Peter!

If you have a suggestion for a joke to be featured in next month's newsletter, please email the hub thehub@bprcvs.co.uk

MORE NEWS!

The Hub is joining forces with our legendary Group Support Team to form the Group and Volunteer Support Team. The skills and experience of the whole Team will be used to support individuals and groups who are leading and/or involve volunteers. More on this next month.

HAVE YOUR SAY!

Your voice matters.

We have lots of volunteering opportunities at BPRCVS and would love to hear from you. For more information or to get involved, email thehub@bprcvs.co.uk.

VOLUNTEERING FOR WELLBEING AND COMMUNITY HUB

WHAT VOLUNTEERING OPPORTUNITY WOULD SUIT YOU BEST?

TAKE THE QUIZ



Do you want to start volunteering but are not sure where to start? Take this short quiz to give you some ideas.

THE QUIZ

- 1.) You arrive at a new volunteering session, and nothing seems very organised yet. You are most likely to:**
 - A. Step in, suggest a plan, and help coordinate what needs to happen.
 - B. Introduce yourself to others and work things out together.
 - C. Look for a clear task you can complete independently.
 - D. Offer support wherever needed and follow instructions carefully.
- 2.) You only have a small amount of free time each week. You would prefer volunteering that:**
 - A. Helps shape bigger projects or future direction.
 - B. Lets you connect regularly with people.
 - C. Can be done flexibly or remotely.
 - D. Involves hands on practical help.
- 3.) When you think about making a difference, what motivates you most?**
 - A. Seeing long-term impact and progress
 - B. Feeling part of a community
 - C. Using your specific skills or experience
 - D. Knowing you've helped someone directly
- 4.) A charity asks for help at a busy community event. You would rather:**
 - A. Oversee the activity or manage volunteers.
 - B. Work on a stall or welcome people.
 - C. Help behind the scenes with admin or setup.
 - D. Support attendees one-to-one.
- 5.) Your ideal volunteering role would feel:**
 - A. Purpose driven and strategic.
 - B. Social and energising.
 - C. Calm, focused, and efficient.
 - D. Caring and meaningful.
- 6.) When challenges come up, you usually:**
 - A. Look for solutions and next steps.
 - B. Talk things through with others.
 - C. Work quietly until the issue is resolved.
 - D. Focus on people's feelings and needs.

YOUR RESULTS

Mostly A – The Organiser

You enjoy responsibility and making things run smoothly.

Good fit roles may include:

- Team leads or coordinators.
- Trustees or board members.
- Project planning or event management.

Mostly B – The Connector

Volunteering is as much about people as purpose for you. You thrive on collaboration and interaction.

Good fit roles may include:

- Community outreach.
- Group volunteering sessions.
- Fundraising or awareness roles.

Mostly C – The Doer

You like clear tasks and the freedom to work independently.

Good fit roles may include:

- Skills based volunteering (IT, design, admin)
- Remote or flexible opportunities
- Short term projects

Mostly D – The Supporter

You're compassionate and people focused, and you value helping others directly.

Good fit roles may include:

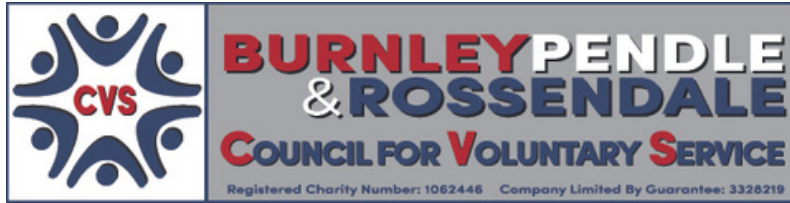
- Befriending or mentoring
- Frontline support roles
- Practical help (food distribution, drop ins, care support)

SKILLS CHECK-IN

Why not try the following online skills assessments to identify where your experience and existing skills could take you:

- **National Careers Service: Discover Your Skills:** A general 5–10 minute multiple-choice assessment that identifies what motivates you and suggests roles based on your strengths.
- **Career test: Skills audit – Part 1 | Careersmart:** A 5-minute test covering 10 key areas including teamwork, numerical reasoning, and customer focus.

TRAINING



**Empower
yourself to
help others**



Learn Coaching for Lifestyle Behaviour Change

Are you passionate about helping others **live healthier, happier lives?** This **FREE training course** at the CVS centre this February will give you the tools and confidence to support people in making positive lifestyle changes.

Sign up today

**FOR MORE INFORMATION
CONTACT THE VOLUNTEERING HUB**

01282 433740 Extension: 1026

thehub@bprcvcs.co.uk



HAVE YOUR SAY



We're planning some new training sessions to help support and develop our volunteers, and we'd love your input!

To help us choose which sessions to run, please take a moment to access the QR Code



share your views on what courses we put on – [Courses for volunteers – Fill in form](#)

HAVE YOUR SAY!
Training Needs Analysis

**DO YOU VOLUNTEER?
DO YOU FEEL YOU COULD
BENEFIT FROM SOME
TRAINING?
TELL THE HUB!**



Scan the QR code to complete an online form
so we can plan training that's relevant and
useful to you.

Paper copies are available
from reception



OPPORTUNITIES



RECEPTION VOLUNTEER VACANCY

Duties include:

- Processing visitors, dealing with enquiries and telephone calls
- Administrative tasks: emails, typing, filing, laminating, copying
- Preparation and tidying of meeting rooms
- Minimum of 1 x 4 hour session per week



All expenses reimbursed
Volunteer learning passport
Ongoing training available
Gain valuable experience
Make a difference in your community

CONTACT US

62-64 YORKSHIRE ST,
BURNLEY BB11 3BT

THEHUB@BPRCVS.CO.UK

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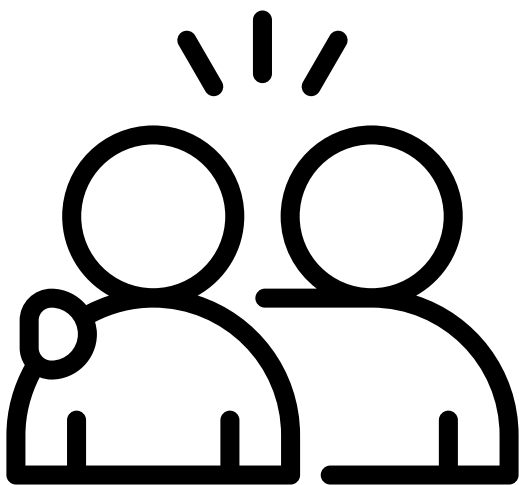


**BURNLEYPENDLE
& ROSSENDALE**
COUNCIL FOR VOLUNTARY SERVICE

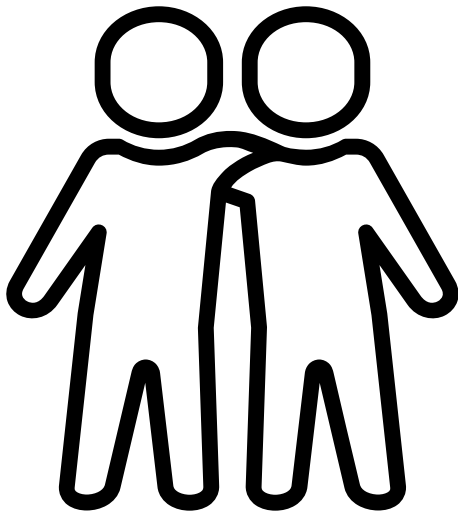
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BEFRIENDING VOLUNTEER VACANCY



WORKING WITH AND SUPPORTING THE SOCIAL CONNECTING TEAM BASED WITHIN BPRCVS. THE ROLE INCLUDES PROVIDING SUPPORT TO PEOPLE WHO ARE IDENTIFIED THROUGH TELEPHONE BEFRIENDING SERVICE, LINKING THEM TO ACTIVITIES AND OPPORTUNITIES WITHIN THE VCF TO ADDRESS THEIR NON-MEDICAL NEEDS.



ALL SUPPORT IS PERSON-CENTRED AND VOLUNTEERS WOULD BE MATCHED WITH A CLIENT TO WORK TOWARDS THEIR OWN PERSONAL GOAL AND TO ENABLE THEM TO TAKE PART IN ACTIVITIES INDEPENDENTLY.

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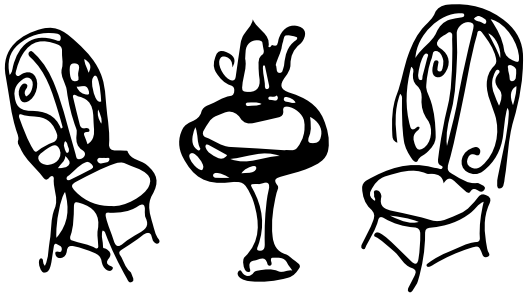


COMMUNITY CAFE VOLUNTEER VACANCY



TO HELP WITH THE PREPARATION, COOKING AND SERVING OF HOT FOOD AND DRINKS. CLEARING TABLES, WASHING UP AND CLEANING THE KITCHEN TO A HIGH STANDARD. TALKING TO CUSTOMERS AND TAKING ORDERS.

IF YOU HAVE SOME EXPERIENCE IN WORKING IN A CAFÉ OR CUSTOMER SERVICE AND THINK THIS ROLE WOULD SUIT YOU GET IN TOUCH. WE ARE LOOKING FOR PEOPLE ON WEDNESDAYS AND FRIDAYS FROM 9-1.30PM.



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