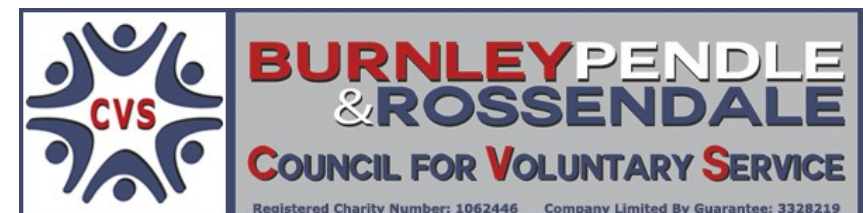
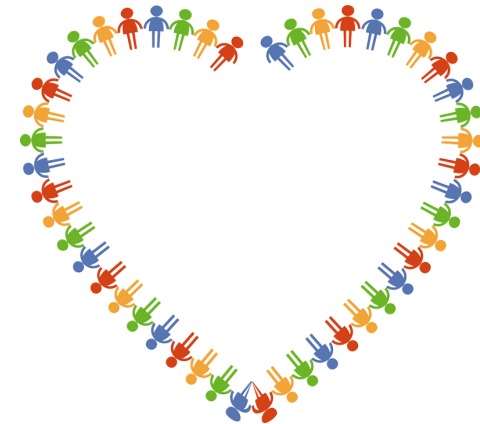


If you're interested in becoming a **Volunteer Social Prescribing Team Member** give the **Social Prescribing Team** a call on **01282 433740** or email socialprescribing@bprcvs.co.uk

For more information about the **Social Prescribing Team** visit



**Would you
like to give
something back
to your
community?**



Help Connect your Community to Health and Wellbeing



Social Prescribing Team Members help and support clients improve their health and wellbeing through social activities.

Why not give something back to your community and build on your skills whilst learning new ones with this exciting, rewarding volunteering opportunity?

Enjoy a new experience and make a genuine, positive difference, connecting clients to happier, healthier lives.

How will I help and support clients?



Visit the client in their home

Befriend the client and spend time socialising together



Support clients at community groups and social activities

Encourage a 'glass half-full' outlook on life



Help to improve the physical and mental health and wellbeing of the client

What is expected of a Volunteer Social Prescribing Team Member?

18+ All volunteers must be aged 18 or over

All Volunteer SPs must be available weekly



Volunteer SPs give at least 2 hours of time each week

Volunteer SPs are confident people



Volunteer SPs are caring, compassionate and supportive

What can I expect to receive?

1 to 1

Support from a designated Staff Member

Telephone support



All expenses fully reimbursed

Full training provided



Volunteer SP Team Members are only matched with clients when they and the client feel comfortable

Start Connecting!